

## **ARCHERY RANGE RULES AND REGULATIONS**

Know and obey all range commands (listed below).

Keep your arrows in your quiver until you are told to shoot.

Only use the arrows the instructor gave you. Remember what they look like.

Always keep your arrows pointed down or toward the target.

If you drop an arrow, leave it on the ground. Raise your hand and the instructor will bring you another arrow.

Always walk at the archery range.

Always be absolutely sure that the path to the target and beyond is clear.

Only release the bow string at full draw when there is an arrow on the string.

Secure all loose clothing.

Always treat your archery equipment with respect.

Always treat your fellow archers with respect.

### **WHISTLE COMMANDS**

One Blast – “Shoot”

Two Blasts – “Get Bows”

Three Blasts – “Go Get Arrows”

Five or More Blasts – “STOP SHOOTING”

### **ARCHERY RANGE PROCEDURES**

Stand behind the waiting line until you hear 2 whistles. Archers can pick up their bows from the rack and walk to the shooting line.

Place your bow on your toes. Keep your arrows in your quiver until you hear the 1 whistle blast to begin shooting.

After you have shot all your arrows, step back from the shooting line, set your bow on the rack, and wait behind the waiting line.

Once everyone is done shooting and all archers are completely behind the waiting line, the instructor will blow the whistle 3 times to walk forward to the target line. One archer at a time will then pull arrows.

## **IMPORTANT TERMS TO KNOW**

**Let Down:** returning from full draw to the undrawn position with control and not releasing the string

**Draw:** To pull the bow string back.

**Anchor:** Consistent placement of the drawing hand to a position on the face, mouth, or jaw.

**End:** A Set number of arrows that are shot before going to the target to score and retrieve them.

**Follow Through:** Maintaining the motion of the upper body muscles after releasing the string.

## **GUN RANGE RULES AND REGULATIONS**

No alcoholic beverages, drugs, or persons who have been consuming those items allowed on the range or premises.

No tobacco, food, or drink allowed in range.

Photo identification required for use of range facilities.

Hearing protection and shooters'/tempered safety glasses must be worn at all times while inside the firing area (prescription safety glasses are acceptable).

All firearms must be pointed down range in a safe manner at all times.

All firearms must be clear with the action open at all times except while actively firing and must be clear and bagged or in a container before leaving the firing area.

Only firearms in good working condition are allowed on the firing line. (User is held responsible)

Only persons who are actively shooting are allowed inside of the firing area.

Minors must be supervised at all times while on premises. Children under the age of 18 will not be allowed in the firing area unless accompanied by a parent or legal guardian.

No more than two persons are permitted at each firing lane. Coaching may occur at the permission of range staff.

No person will be allowed forward of the firing line. Contact range staff if assistance is needed.

All fired rounds must impact the bullet trap area. No impact into floor, ceiling, or side walls.

If the firearm jams and you need assistance, lay the firearm on the bench, barrel facing down range, and ask for a range officer.

Rapid-fire must be approved by range staff.

Use of black powder firearms is prohibited.

No armor piercing, tracer, explosive, or aluminum-cased ammunition will be allowed.

All firearms are subject to inspection at any time by staff.

Please clean up any trash or brass in your lane after use.

We reserve the right to ask anyone to leave the premises.